REIGATE GRAMMAR SCHOOL

Policy for Personal, Social, Health and Economic Education, including Careers

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Introduction

All students at Reigate Grammar School receive Personal, Social, Health and Economic Education throughout the First to Fifth Forms. There is a clear Scheme of Work in place which reflects the school's aims and ethos with particular regard to the protected characteristics under the Equality Act 2010 and the guidance provided for schools. The protected characteristics as listed in section 4 of the Equality Act 2010 are as follows:

a. Age
b. Disability
c. Gender reassignment
d. Marriage and civil partnership
e. Pregnancy and maternity
f. Race
g. Religion or belief
h. Sex
i. Sexual orientation.

In addition, the school will react to any trends or patterns of behaviour within cohorts as and when they arise, or indeed respond to any local, national or international issues. PSHEE is delivered through a taught curriculum, assemblies and form time.

The course is divided into three

- Health & Wellbeing
- Relationships including Relationship and Sex Education
- Living in the wider world including Life Skill, careers and citizenship

Through the Schemes of Work, (Living in the Wider World) respect for other people is encouraged, especially age, disability, gender reassignment, marriage and civil partnership, pregnancy and maternity, race, religion and belief, sex, sexual orientation as protected characteristics under the Equality Act 2010. It is also fostered through our ethos of having a "strong moral purpose at our core".

Schemes of Work are devised by a dedicated Head of PSHEE and reviewed and amended regularly in line with the DFE Statutory Guidance.

In the **First and Second Form** PSHEE is delivered in timetabled lessons, as well as drop down sessions, tutor discussions and assemblies.

In the **Third, Fourth and Fifth Forms** PSHEE is delivered as a component of the electives programme, plus talks from visiting experts, workshops and presentations from members of staff at school with specialist expertise alongside tutor discussions and assemblies. This includes sessions on Relationships and Sex Education, Careers, Drugs and Alcohol, Mental Health, social media and Finance.

In the **Sixth Form,** students follow a ***6Plus/7Plus*** programme covering a range of topics including relationships and sex education, living in the wider world, careers and UCAS, health and wellbeing, online safety.

Courses in all years make use of visiting speakers who are experts in their field, as well as a wide range of recorded visual material. Parents will always be informed in advance of any upcoming sensitive issues in the PSHEE material, through letters home or the bulletin. Parents have a right to withdraw their children from RSE education if they wish, see separate RSE Policy for details.

Parent Workshops and Forums are organised regularly if there is interest amongst parents.

Scheme of Work Supporting PSHEE Policy

The Scheme below gives an idea of talks and themes that are delivered although we are continuously tailoring the programme to the needs of the pupils, and the content may change from time to time depending on feedback from staff and students.

	Health and wellbeing	Relationships	Living in the wider world
First Form	All three themes are covered through lessons on the Scheme of Work.		
Second Form	All three themes' topics are covered through lessons on the scheme of work and tutor time activity suggestions. They are detailed under subheadings on the Scheme of Work.		
Third Form	Cyber Safety Talk, Diet, exercise, lifestyle balance and healthy choices Samaritans – mental health talk	Relationships and sex education: contraception, the risks of STIs Families and parenting, healthy relationships, conflict resolution, and relationship changes	Careers and life choices – intrinsic and extrinsic factors Critical Thinking skills Party Drugs and Binge Drinking Drugs talk Cyber safety talk
Fourth Form	Mental health and coping with transition or change	Gang exploitation (drugs, knife crime, peer pressure) Relationships and sex expectations (CONSENT), pornography	Preparation for and evaluation of work experience and readiness for work Cyber safety talk Human Rights & Refugees talk
Fifth Form	Self-efficacy, stress management, Responsible health choices, and safety Wellbeing and relaxation techniques for stress management	Parental responsibilities, pregnancy, marriage and forced marriage and changing relationships and abuse Personal values, assertive communication RSE talks (pregnancy, abortion) Bereavement	Financial decisions and debt Democracy and the rule of law Online Reputation session

Assessment and Monitoring of PSHEE (including RSE) First to Fifth Form

Pupils' knowledge and understanding is assessed through classroom discussion, formative and summative assessment activities. Teachers collect evidence of learning to make a judgement about pupils' progress. This may include presentations, written evidence, group work, self-assessment, peer assessment, observations.

Pupils give their feedback on their experiences of PSHEE through online forms.

Those leading PSHEE and RSE sessions give their feedback regularly on the strengths of the PSHEE/RSE Schemes of Work, areas which could be improved and any relevant issues raised by pupils during the session. If required, this includes communicating and following up with pastoral staff as appropriate.

The PSHEE/RSE programme continues to be a reflective one, which enhances the school curriculum to provide preparation for a student's life outside of RGS. For example, skills sessions which include, considering your personal brand when using social media and wellbeing sessions to manage the stress of modern life.

Monitoring

The PSHEE Department is reviewed as part of the RGS Departmental Review programme. This includes lesson observations, pupil voice interviews and work scrutiny.

Careers Education

Careers advice is given to students to help with choices of GCSE and A Level courses through assemblies, the electives programme, careers lessons (e.g. A Level taster lessons), the offer of careers interviews with external providers, as well as through outside speakers and events, and through the availability of members

of the Careers department to speak to students every day. GCSE and A Level options evenings are run annually for the Second and Fifth Forms respectively.

All students in the school have access to the Careers department and to the Careers Library. All students are welcome to attend careers presentations from outside speakers, Students in the Second Form and above are invited to the Higher Education/School Leaver Convention and Careers Conventions.

Careers guidance is presented in an impartial way. Careers interviews are offered to all students in the Fifth and Lower Sixth Forms with external careers providers. The Careers department seeks to enable students to discover and access both university courses and other options at 18. This happens through Careers lessons, Careers talks and careers evenings, as well as through the availability of one-to-one guidance. Students are also kept informed of courses and taster days, one example being emails sent by the Economics and Politics departments to Fifth Form students to insight interest in these A Level subjects.

In addition, there is an ever-evolving RGS Higher Education website for all mobile platforms on ***http://careers.reigategrammar.org/***. There is a UCAS module within the *Henry Smith Studies* programme, which seeks to help students make university choices or seek alternative post 18 options and to start work on their personal statements or CVs. The first half term within the *7Plus* programme is given over to helping students with applications, as well as interview and assessment test preparation. We take trips to visit universities and invite former students to RGS to offer advice to students about their time at university.

Students receive guidance, which enables them to make informed choices about a range of options. They receive guidance on:

- GCSE course options through assemblies, departments and an information evening.
- A Level options through Careers lessons, an information evening and assemblies. There is an extensive programme of one-to-one support through Futures Meetings aimed at providing guidance on A Level course selection.

Preview and ***Centigrade*** are offered to students to help them to know their strengths and weaknesses, as well as how this relates to A Level and post 18 choices. Students have considerable access to information and guidance about different careers and opportunities through specific careers talks, evenings and lessons. There are regular talks and trips run by academic departments. Students are encouraged to seek work experience placements, and events are run to help them with CV writing and with finding placements.